

EXECUTIVE COACHING FOR RESULTS

Sometimes **changing your perceptions** is easier to achieve with one on one coaching specifically designed to meet your needs.

Why would Executive Coaching for Results be of interest to you?

Being the Boss, Director, Chief Executive, Line Manager or Project Leader, whatever, can be lonely. Who do you go to for support and to talk things through? Would it be of value to you to have someone in your life to support you in maintaining focus and effectiveness, someone who was external to your organisation and completely confidential?

What will Executive Coaching for Results do for you?

- give you a powerful collaborative relationship with a coach whose focus is on your agenda only
- clarify outcomes and goals and implement solution thinking
- develop strategies and action plans
- support you in coming up with your own answers
- make you accountable for any action you commit to take
- identify barriers to success and limiting beliefs

How does Executive Coaching for Results work?

Coaching only works when the client has made the conscious decision and commitment to engaging in the process. Your commitment to working with your coach enables you to assess the resources you need to move forward through periods of change or transition in your life.

Who could benefit most from Executive Coaching for Results?

Anyone who wants to reach their full potential and especially those who consider they are too busy and don't have time for it. They are in fact displaying the very symptoms of someone whose life is out of balance.

What if it works?

Imagine what it would be like to be living the life you love and loving the life that you live. Imagine what it would be like being a success by just being you.

The journey of a thousand miles starts with the first step!

t: +44 (0)131 220 0037

e: Sheena@changingperceptions.org.uk

www.changingperceptions.org.uk